

**Participation in The Art of Living's Youth Empowerment & Skills
Workshop (YES! +) for students and faculty at AICTE approved
institutions through NEAT platform**

To,

The Vice Chancellor of Technical Universities,

All Director/Principal of AICTE Approved Institutions

We are happy to share that, The Art of Living and AICTE has collaborated to offer "Youth Empowerment & Skills" (YES!+) program on the NEAT portal.

The YES!+ (Youth Empowerment and Skills) Program is designed and curated by The Art of Living's panel of experts to address challenges faced by the students. For the past 40+ years, the Art of Living has empowered many students with practical tools and techniques to excel, through its unique programs. The modules in the YES!+ program combine mind-body techniques with interactive discussions and experiential processes that helps to improve the overall performance of youth by enhancing their memory and concentration, interpersonal skills and ability to perform under adverse conditions.

The skills and capacities as envisaged in the NEP 2020 are basic components of the Art of Living Programs for students & faculty, which will be delivered in an enjoyable and engaging manner.

To avail this program institutions may fill the google form <http://tiny.cc/YESplusNEAT> or

Send your Enquiries on the below link :-

https://neat.aicte-india.org/b2b-course-details/NEAT20221149_PROD_1

On the Course-Details page (Link mentioned above) on the NEAT platform, an institute can also purchase tickets for its students.

For any queries, institutes may contact Paulomi Mukherjee (9888439044) (paulomi.mukherji@gmail.com) or Mr Varun Upadhyay (7696041434, varun.u@in.artofliving.org)

We wish many students will get benefitted by the above course and empower themselves.

Best Regards,

AICTE