

United We Care

App Manual



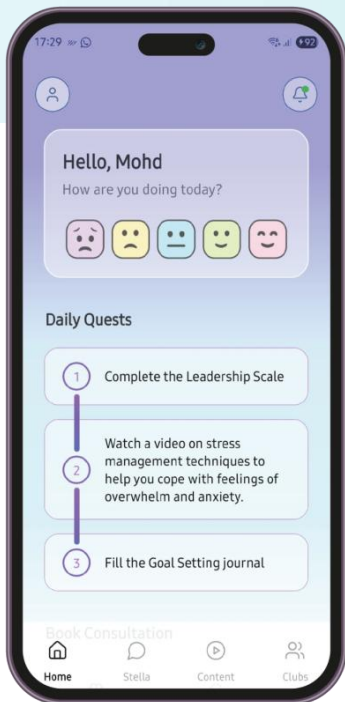
UNITED WE CARE

Adayu

A FORTIS GROUP
COMPANY

How to Download The **United We Care** App

Available on Google Play Store & Apple App Store or simply scan the QR code to download The United We Care App.



iOS – Apple Store

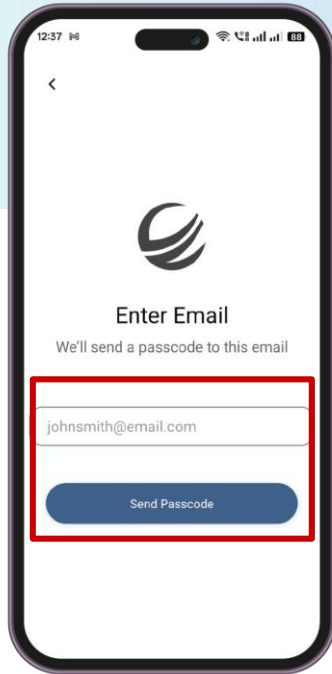
1. Go to Apple Store
2. Search for '**United We Care**'
3. Download and **Install the app**

Android

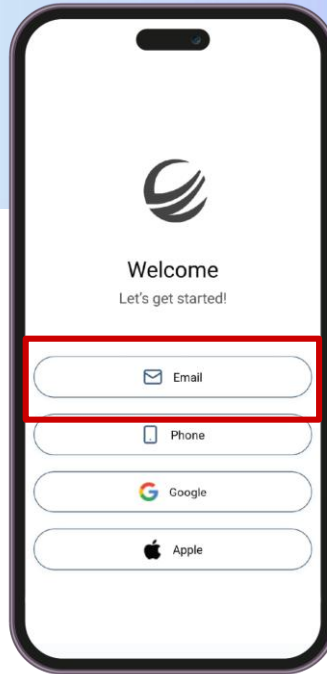
1. Go to Play Store
2. Search for '**United We Care**'
3. Download and **Install the app**



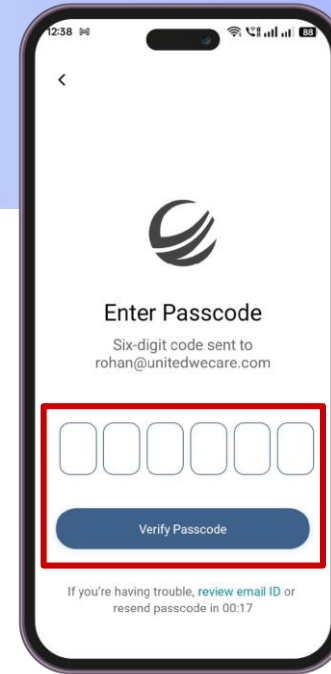
Steps to **Register** and **Activate** your Services



You will land up on the sign-up page of the app

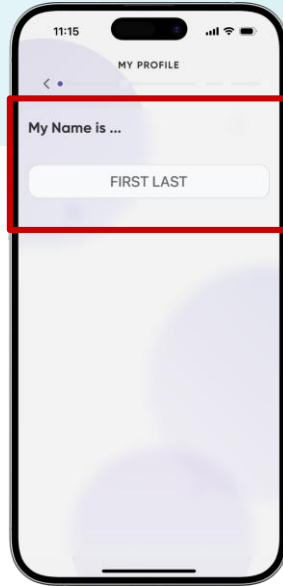


Add your institutional E-mail ID and click - "Next"



Verify your Email by entering OTP received on your official E-mail address and click 'Next'

Onboarding Journey



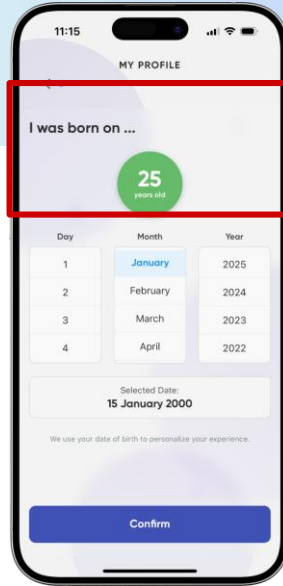
11:15 MY PROFILE

My Name is ...

FIRST LAST

This screen shows the first step of the onboarding journey. A red box highlights the input field for the user's name, which contains the placeholder text 'FIRST LAST'.

**Enter First/Last
Name**



11:15 MY PROFILE

I was born on ...

25 years old

Day	Month	Year
1	January	2025
2	February	2024
3	March	2023
4	April	2022

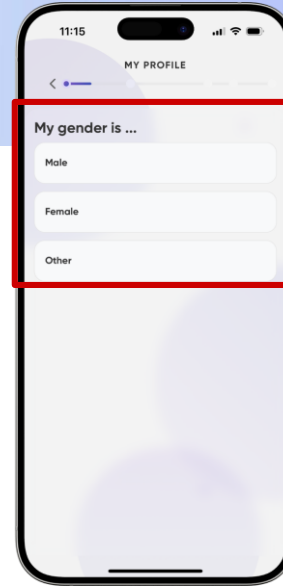
Selected Date:
15 January 2000

We use your date of birth to personalize your experience.

Confirm

This screen shows the second step of the onboarding journey. A red box highlights the date selection interface, which includes a calendar grid and a 'Confirm' button at the bottom.

**Enter your
Date of Birth**



11:15 MY PROFILE

My gender is ...

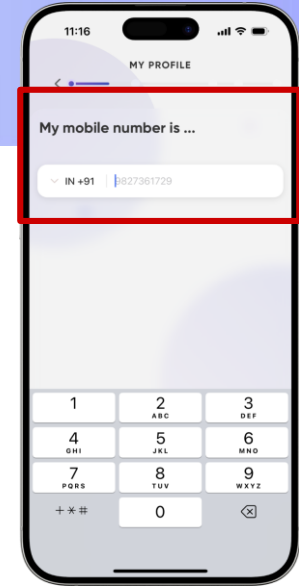
Male

Female

Other

This screen shows the third step of the onboarding journey. A red box highlights the gender selection interface, which includes three radio button options: 'Male', 'Female', and 'Other'.

Enter Gender



11:16 MY PROFILE

My mobile number is ...

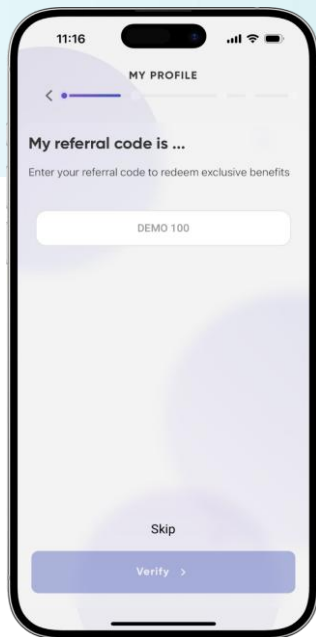
IN +91 827361729

1 2 3
4 5 6
7 8 9
+ * # 0

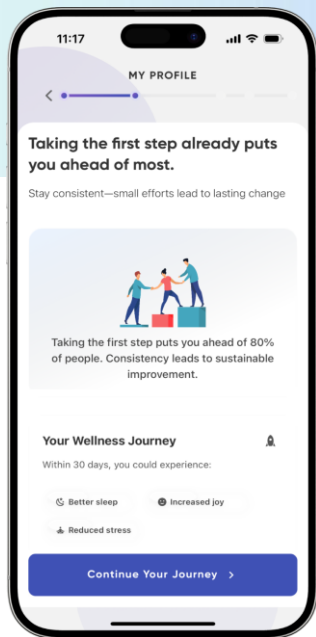
This screen shows the fourth step of the onboarding journey. A red box highlights the phone number input field, which includes a country code dropdown and a numeric keypad.

**Enter phone
number**

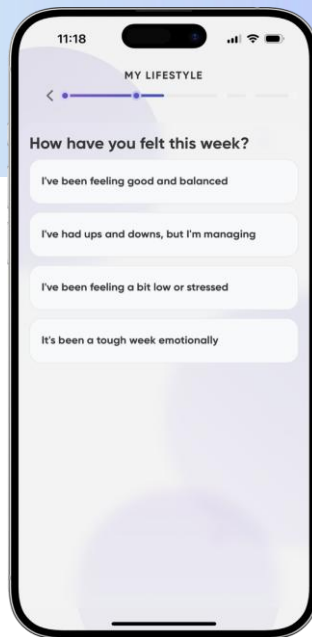
Onboarding Journey



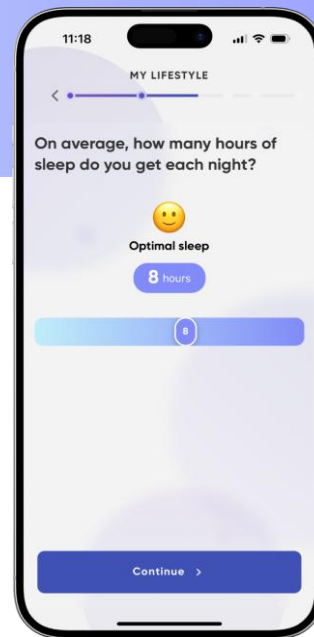
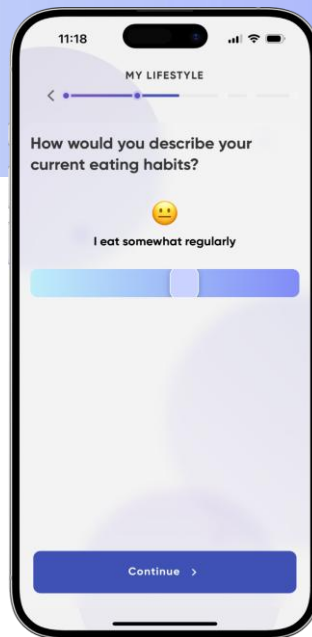
Skip



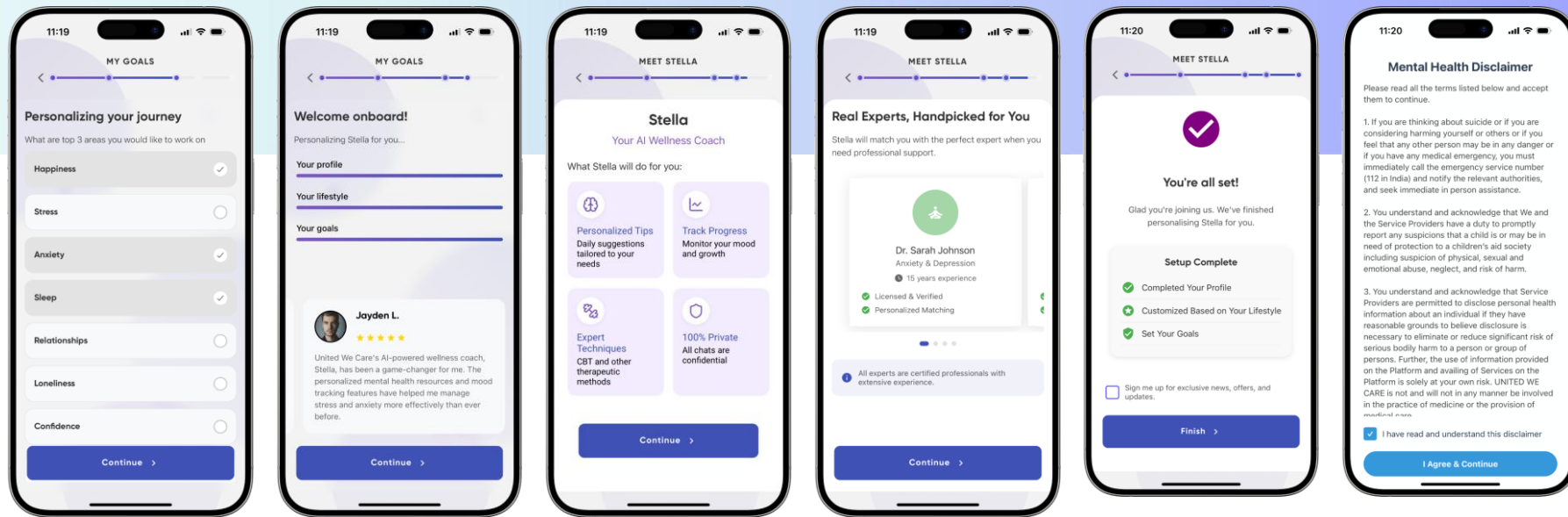
**Move ahead and
complete other fields**



**Share your current state of well-being for Stella to personalise the
journey for you.**

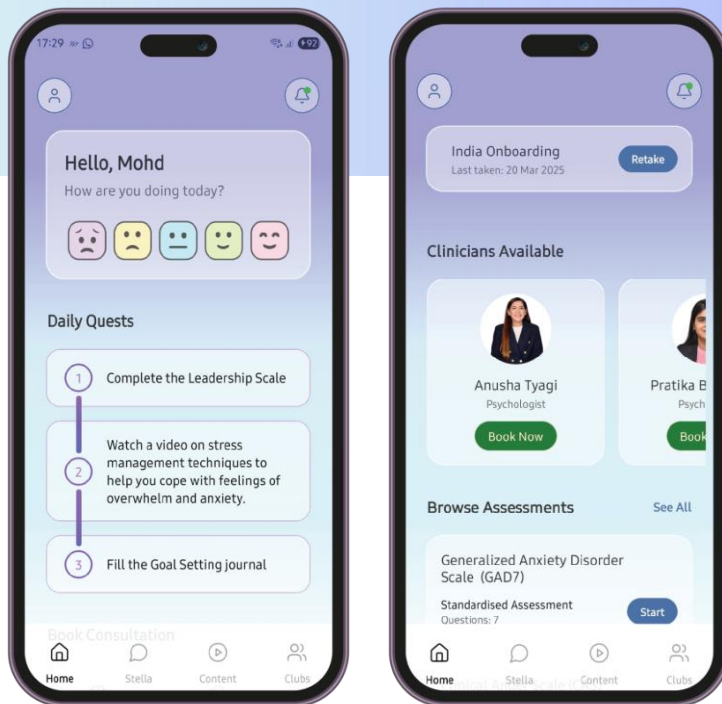


Onboarding Journey

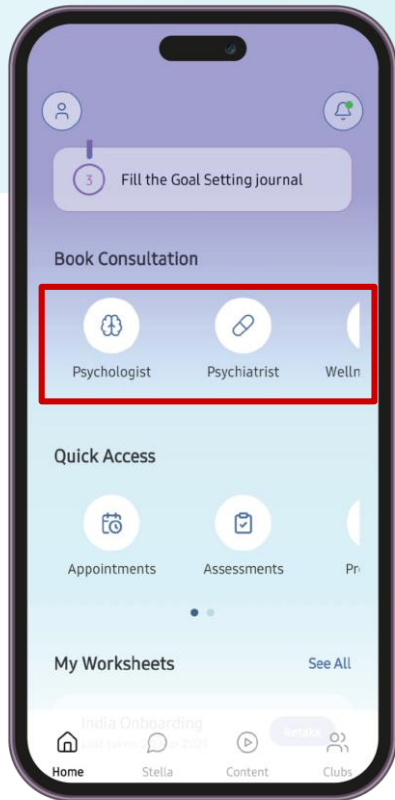


Personalise Journey for yourself by answering some easy questions!

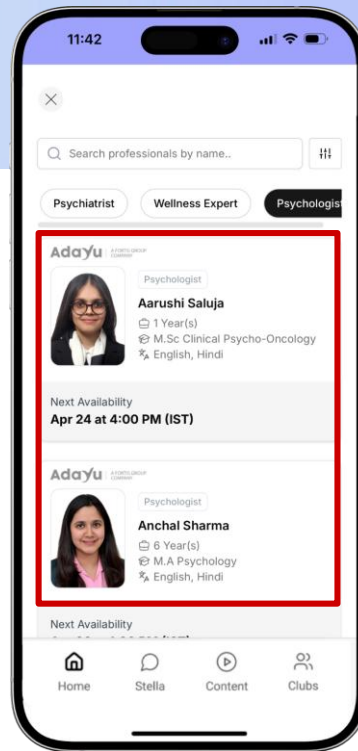
Homepage of the app



Take Professional Help by booking a session with Expert



Scroll down on the home page and click on 'Book Session'



**Select the type of expert
You are looking for.**

**Select the concern by child
On the checkbox**

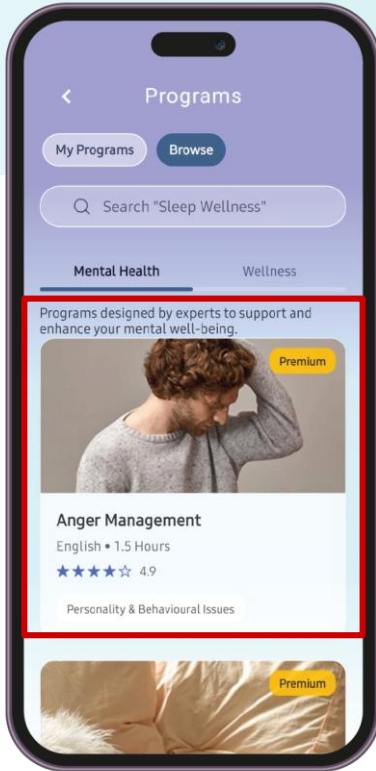
**Select the Expert by
Clicking on 'Book Now'**

**Select from available date
Time & duration**

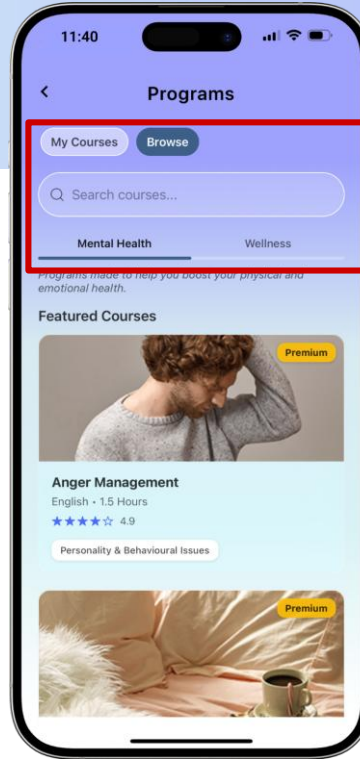
**Click on "Book Online
session" to book your slot**

**Join the session as per
Booking & find solutions
To your concerns**

Explore Curated Wellness Programs



**Select programs & insight
Into curated content for
Self-help & awareness**



**There are 2 kinds of
programs**

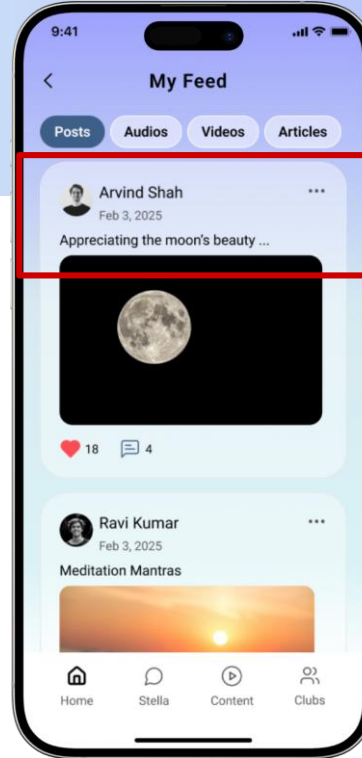
**Mental Health & wellness
programs**

**You can choose either of
them to explore and enroll.**

Explore Wellness Communities



**Click on clubs to join
A specific interest group.**



**Refer community feeds, find
Clubs and people with
similar interests**

**Explore sections on
Emotional wellness, yoga
Diet & nutrition etc.**

Crisis Helpline

24x7 Crisis Helpline

+91 83768 04102

Available in 15 Indian Languages:

Hindi	Konkani
Achiku	Malayalam
Assamese	Marathi
Bengali,	Rajasthani
English	Tamil
Punjabi	Telugu Urdu
Gujarati	
Kannada	

Psychologists with clinical expertise provide crisis intervention always listening, always there to support!

Customer Support

Email Support:

Incase of any query, please write to us at: support@unitedwecare.com



THANK YOU